Step 1 Put on your personal protective equipment (PPE).
- Steel toed boots (recommended)
- Earplugs (recommended)
- Bump caps (suggested)
- Dust masks (suggested)
- Knee pads (suggested)
- Safety glasses (suggested)

Step 2 Recognize normal sow behavior.
- Eating
- Drinking
- Sleeping
- Occasional fighting, especially after weaning
- Always carry a sorting board to separate aggressive sows.
  □ If you cannot safely separate the sows, back away and let them fight it out.

Step 3 Calmly and quietly interact with sows regularly.
- Walk calmly through the sows to observe or chore.
- Respect the flight zones of individual sows as well as the flight zone of the herd.
- Use minimal noise and only when necessary.
- Communicate your presence with gentle touch.
- Bend the knees to squat, don’t bend at the waist.

Step 4 Observe freshly weaned sows regularly and monitor for fighting.
- Use a sorting board.
- Have an escape route.
- If sows are fighting, it might be possible to separate them if aggressive intention has just started.
  □ If necessary, let them fight it out to stay safe.

Step 5 Identify and treat sick sows.
- Do a head to tail observation of every sow and look for clinical signs that are abnormal.
  □ Lethargic
  □ Feverish
  □ Thin
  □ Lame
  □ Off-feed
  □ Other
- Avoid slip and trip hazards.
  □ Bodily fluids
  □ Feces
  □ Damaged flooring
- Handle needles safely between use.
  □ Never carry uncapped needles in your pocket.
  □ Use pliers to recap needles.
  □ Dispose of used, bent, burred, or dirty needles in designated sharps containers.
Step 6  Follow your farm's protocol for the timing of pregnancy confirmation.
- Ultrasound according to your farm’s protocol.
- Conduct weekly walk-throughs to visually confirm pregnancy in sows 60+ days pregnant.
- Do not perform ultrasounds if a boar is in the pen and you are alone.
- Be aware of behavior of other females in the pen.

Step 7  Sort sows out when needed for special treatment or movement.
- Prepare the path of movement before sorting.
- Enter the pen with a coworker, each with a sorting board.
- Keep a slight bend to the knees while in the pen.
- Use the sorting board to separate the sow and encourage forward movement to her destination.

Step 8  Tag gilts prior to entry to a group according to your farm’s protocol.
- The center of the ear is the correct placement for the tag.
  - Improper placement increases the risk of the tag being pulled out.
- If using a snare, snare behind the canines and release the snare carefully to prevent injury.